



▼ Week 3: People
Pleaser

January 19, 2025

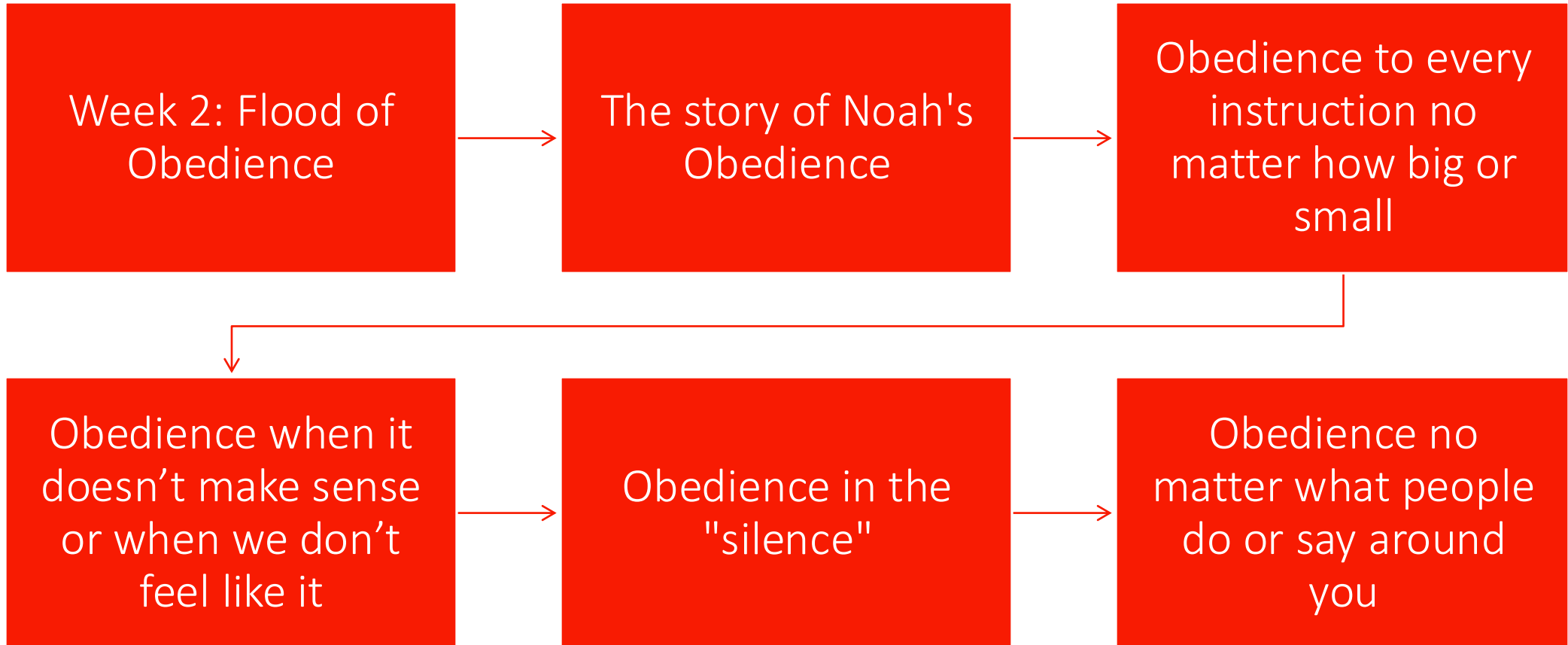


Is people pleasing a Sin?

(Open Discussion)



RECAP



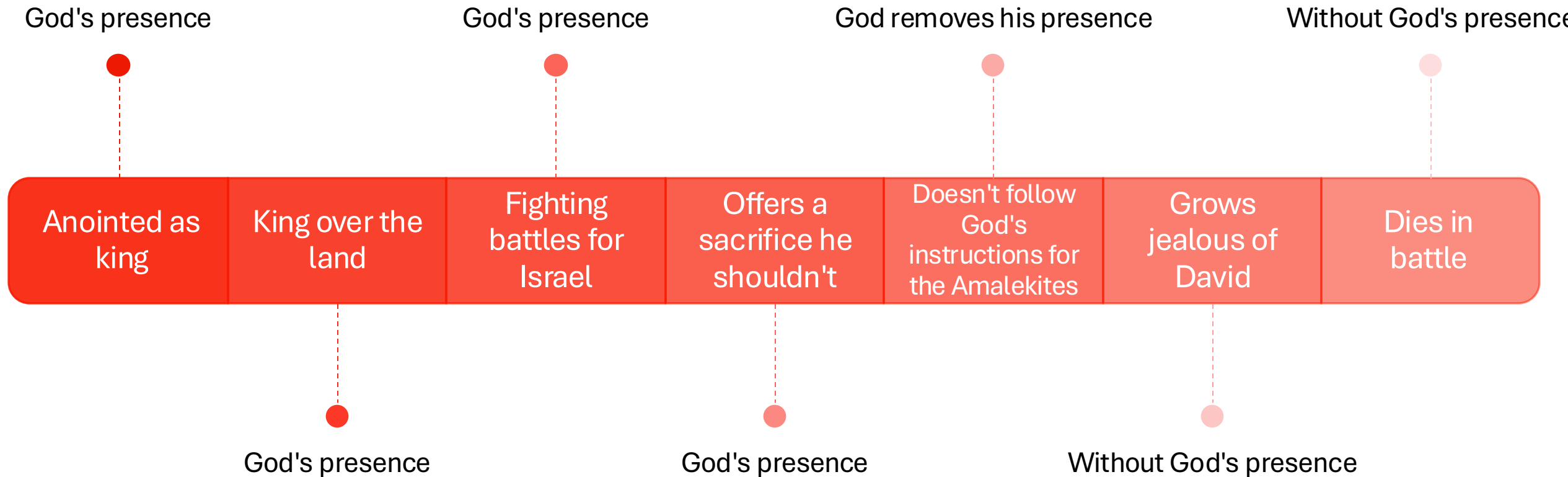
An illustration of King Saul, a man with a long brown beard and a crown, wearing a blue robe and a gold breastplate. A large red speech bubble is overlaid on the image, containing the text 'King Saul'.

King Saul

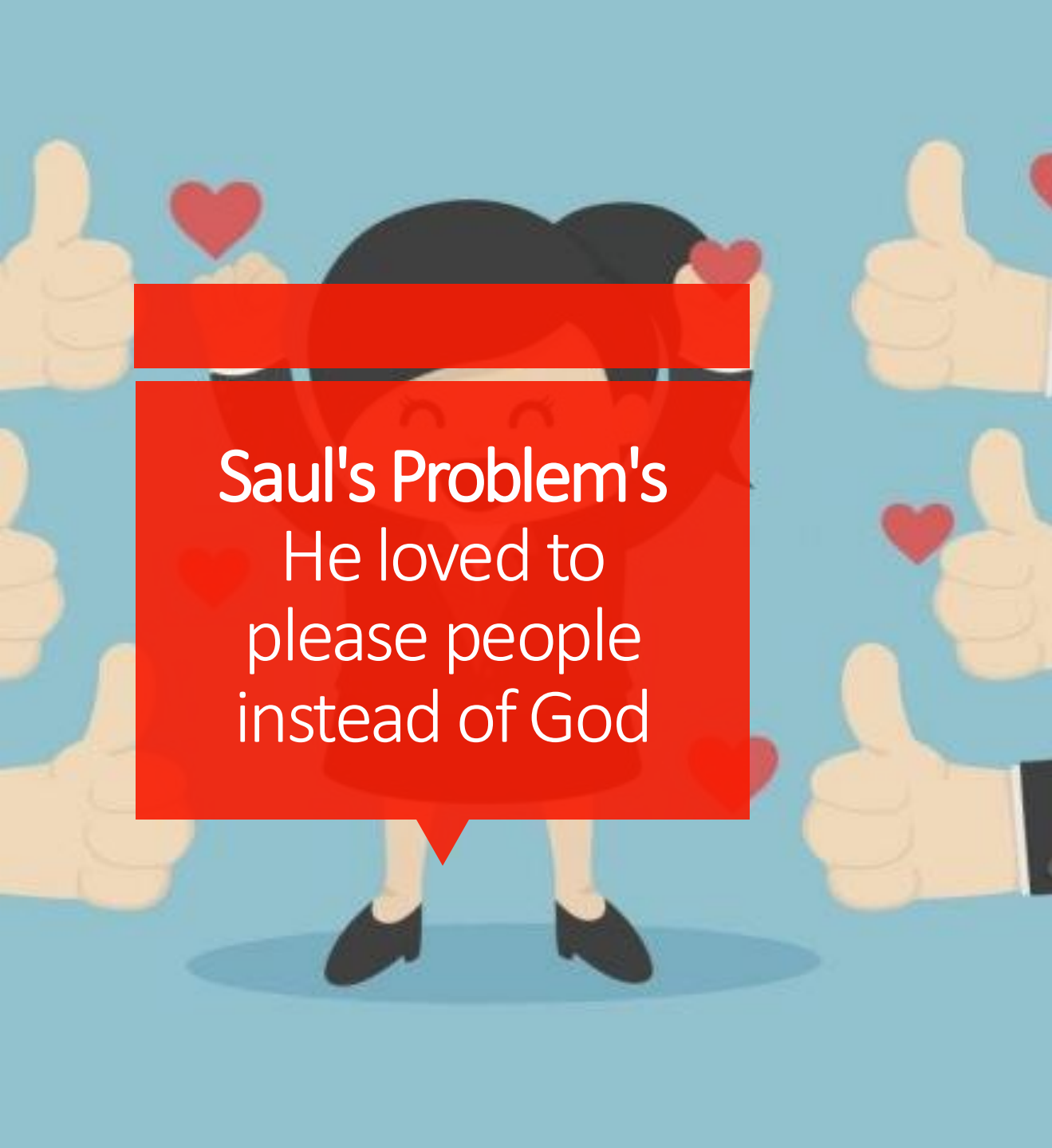
- From the tribe of Benjamin
- First king of Isreal
- Was crowned king at 30 years old and reigned for about 42 years
- Started out as a king that lead his people in military campaigns
- He had many sons and daughters
- Initially followed God

Saul's Life

(1 Samuel 9 - 31)







Saul's Problem's
He loved to
please people
instead of God

- **1 Samuel 13 : 3 – 4:** Saul takes credit for his son's military actions
- **1 Samuel 13 : 7 – 12:** Saul offers a burnt offering
- **1 Samuel 14: 15 – 20:** Saul brings the Ark of God instead of going into battle
- **1 Samuel 14: 24 – 45:** Saul plans to kill his son Johnathan, based on an oath Saul imposed on the Israelites
- **1 Samuel 15 :** Saul does not destroy the Amalekites and all their belongings

Modern People Pleasing

- Trying to get everyone to like you, to make yourself feel good
- Not standing up for what is right, because you don't want to get people upset
- Doing or saying things you know you shouldn't do, or normally wouldn't do so you can fit in with the crowd
- Treating people in a certain way (bad or good) to get others to like you
- You allow people to cross boundaries, because you don't want to make them upset or uncomfortable



Who do we people please?

(Ooen Discussion)



Does all people pleasing
lead to something bad

Answer: No

Dangers of people pleasing



Burn out

Bitterness

Emptiness

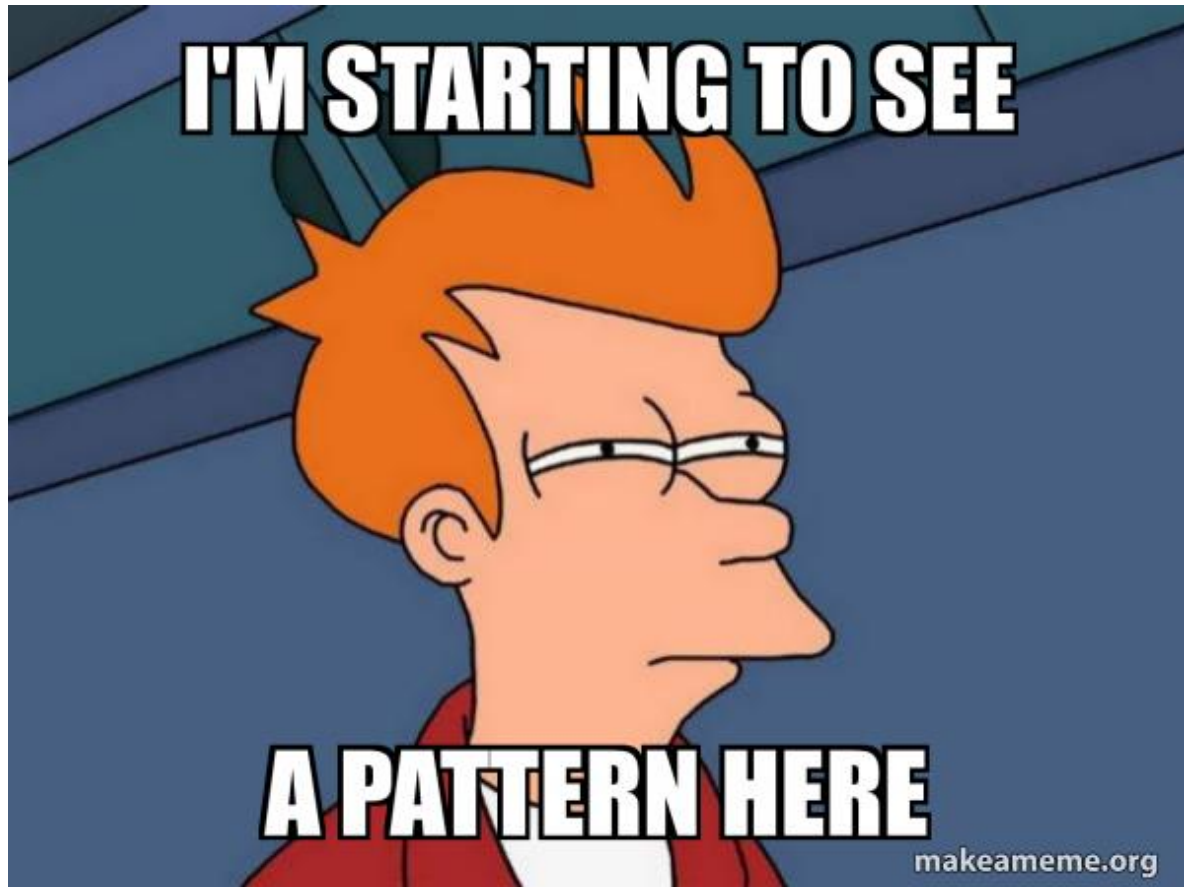
Low self-
worth

People pleasing vs People loving



- Trying to support people out of a genuine concern for their wellbeing
- Standing up for what is right, even when it may turn people against you
- Doing or saying things that go against everyone else when you know someone is being mistreated
- Treating all people with love and kindness as a reflection of God's love and kindness for us

Overcoming People Pleasing



- Recognize the pattern of people pleasing (it might not be for attention, but instead out of habit or from a desire to fit in)

Overcoming People Pleasing



- Recognize that the public opinion is like wind, it changes from day to day

Overcoming People Pleasing

Make a choice, you
cannot serve 2 masters





WOOHOO!

Overcoming
People Pleasing

BOUNDARIES!

- Understand that we can still show love and have boundaries

Overcoming People Pleasing

Understand your identity, who you are as a person and what God has called you to be



Overcoming People Pleasing



AUDIENCE
of **ONE**

- Understand what pleases God and that ultimately you are trying to please an audience of one