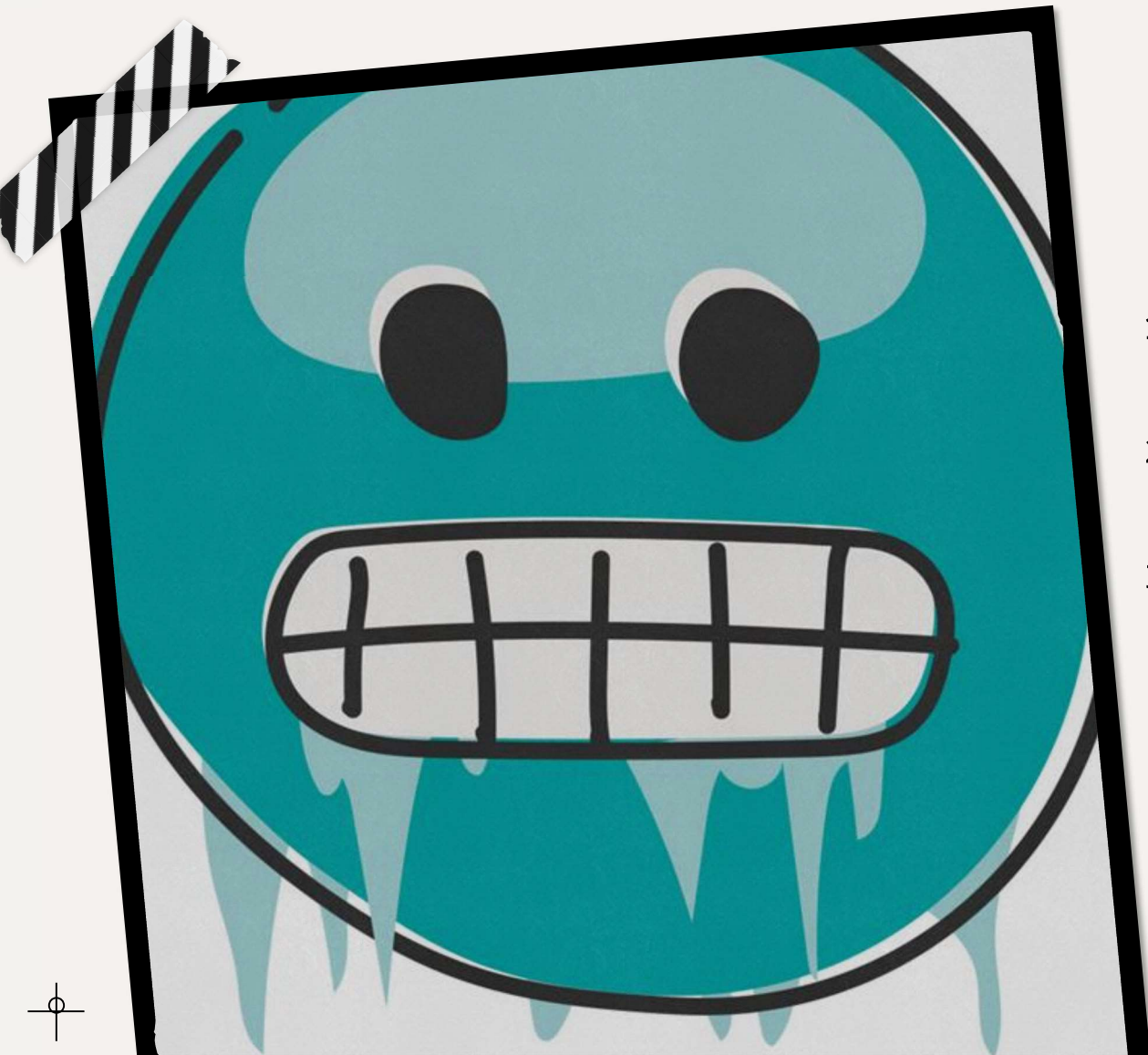
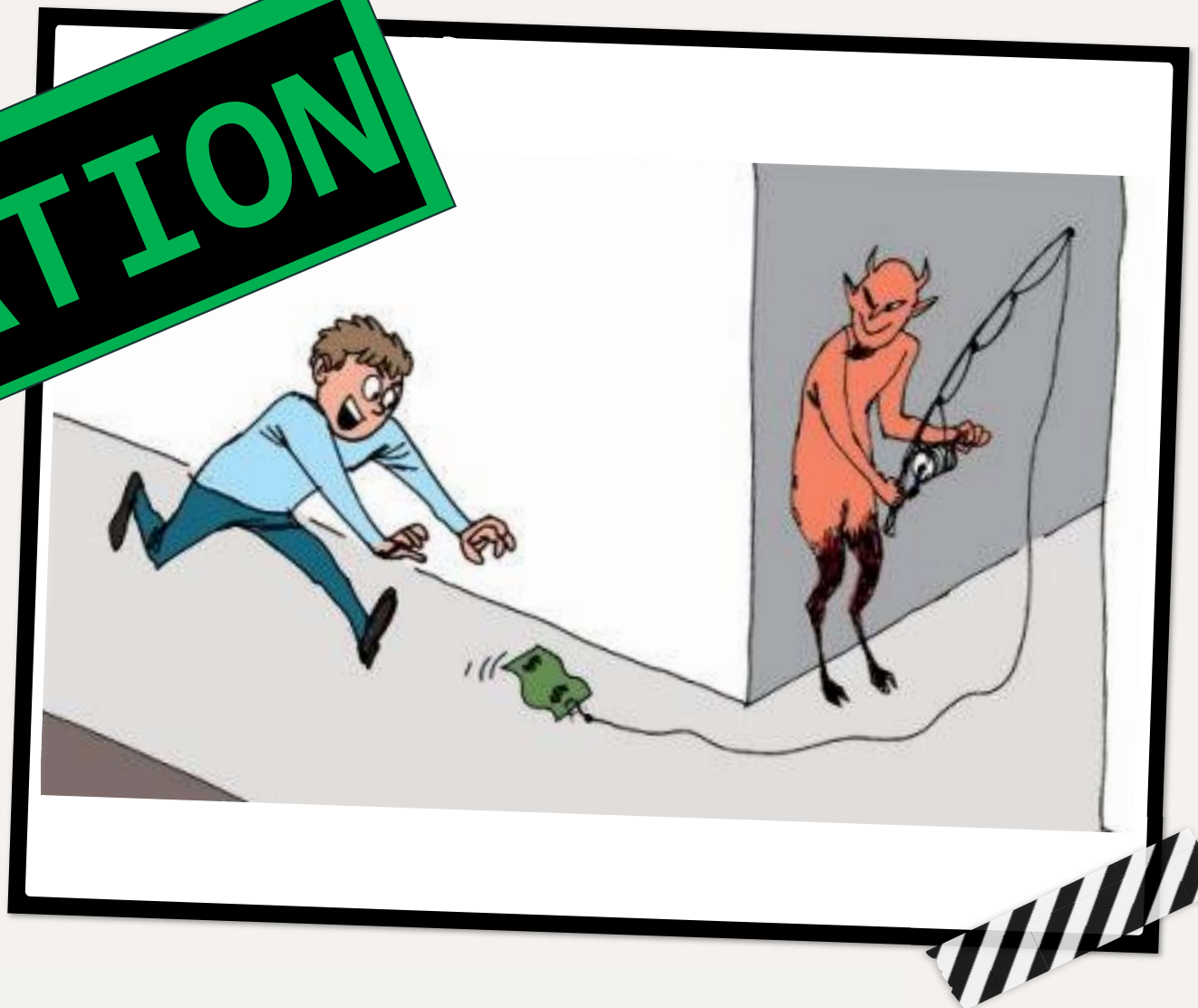




Frozen Treasures

1. The bucket at the front is filled with ice, water and money
2. All the money you can find in the bucket you get to keep
3. You have 60 seconds to get out as much money as you can from the bucket, before your time runs out

TEMPTATION

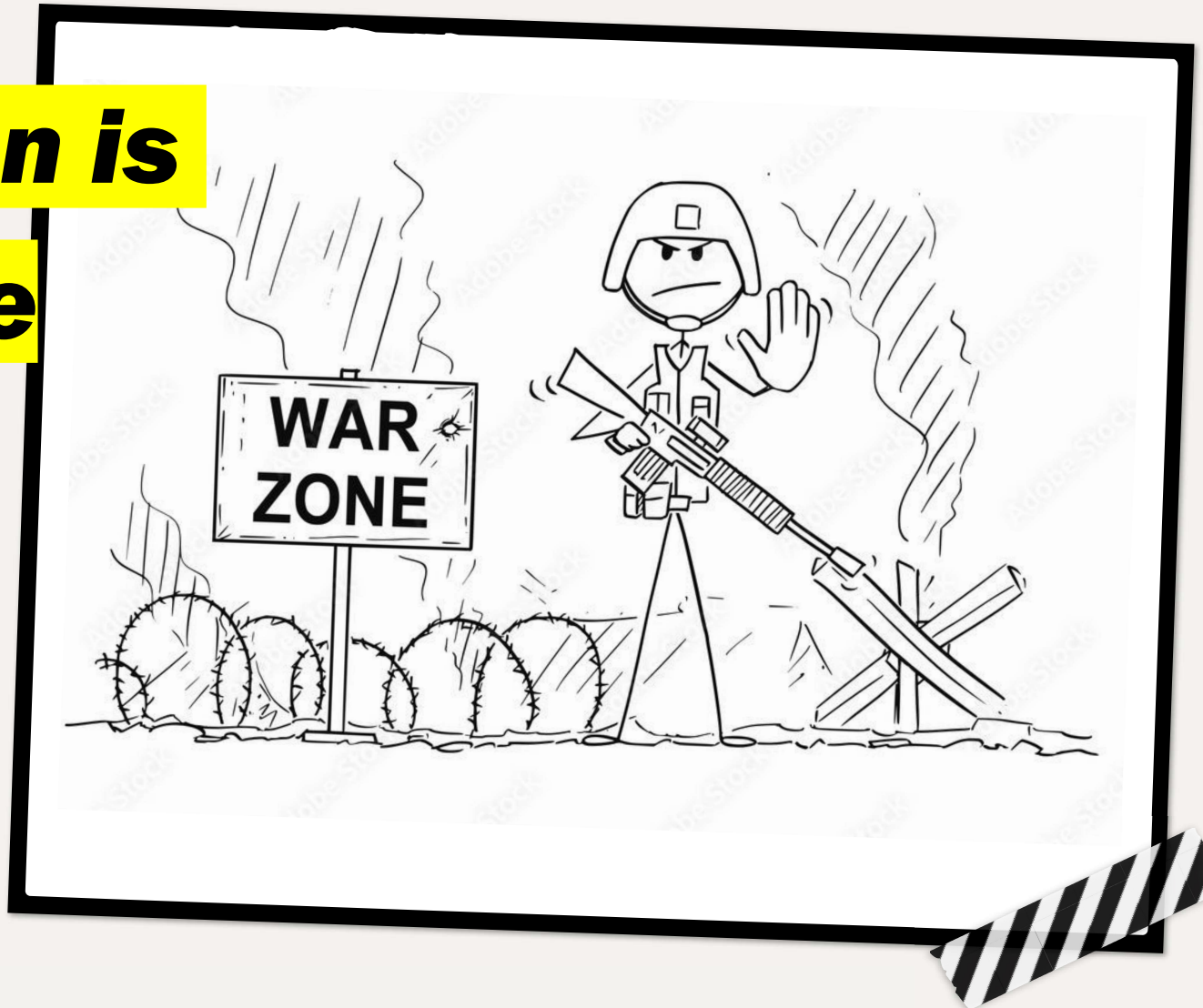


January 29, 2024

Temptation is a war zone

To be successful against temptation you need to get ready for a battle:

1. Basic Training
2. Get to know your enemy
3. Prepare for the Battle
4. Be resilient and keep fighting even when you take losses





***The Basic
Training of
Temptation***





***Where does
temptation
come from?***



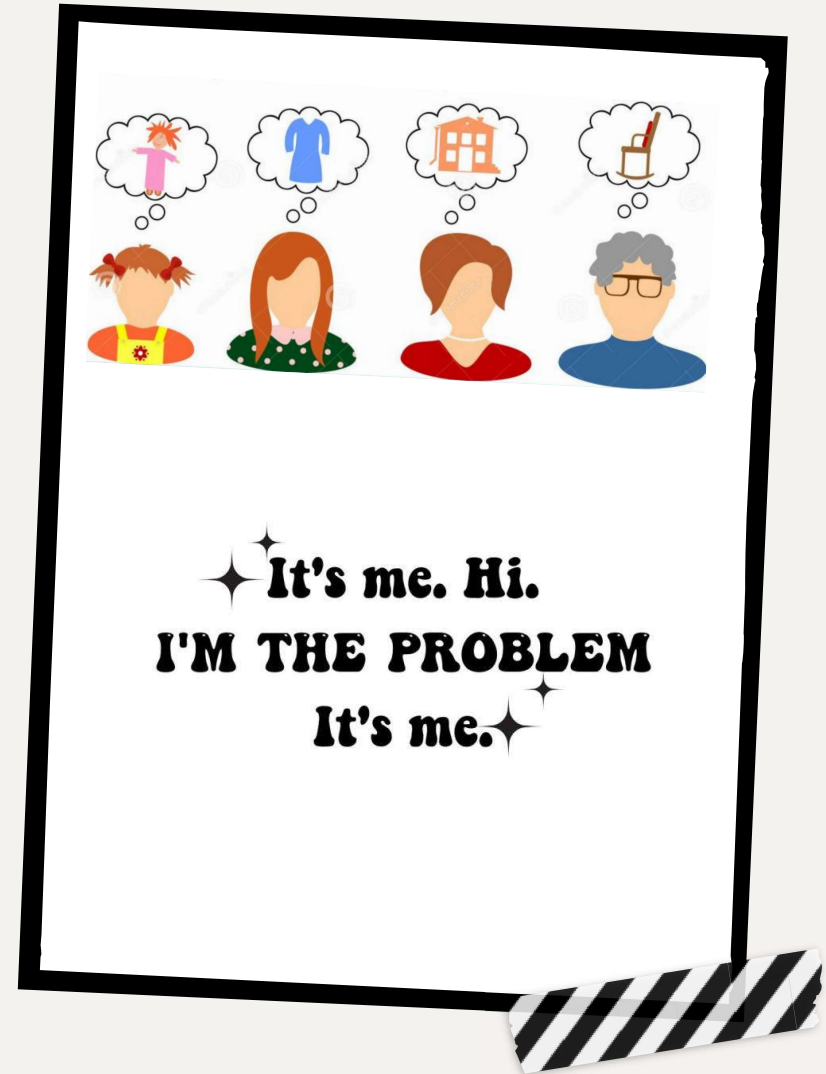
Temptation starts with you!

Our temptation starts from within:

- Our Desires
- Our Needs
- Our Heart posture

James 1: 13 - 15

And remember, when you are being tempted, do not say, “God is tempting me.” God is never tempted to do wrong, and he never tempts anyone else. ¹⁴ **Temptation comes from our own desires**, which entice us and drag us away. ¹⁵ These desires give birth to sinful actions. And when sin is allowed to grow, it gives birth to death.



Is temptation sin?

Answer: No

Being tempted is not a sin
BUT
acting on your temptations might
be a sin

James 1: 13 - 15

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Know your enemy - The devil's tactics for temptation

- *Tactic 1: Half Truths*
- *Tactic 2: False Promises*
- *Tactic 3: Exploiting your desires*
- *Tactic 4: Patience*

IMPORTANT!! The devil has no authority to make you act on your sin, only you can do that



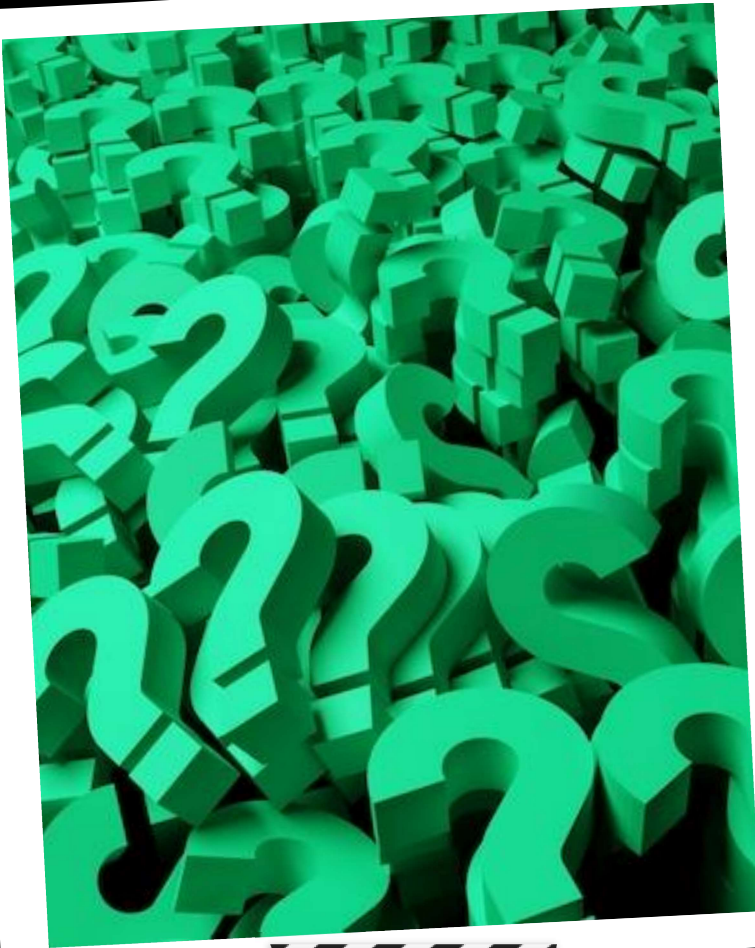
Mathew 4: 1-11; Mark 1:12, Luke 4: 1-13



Bible Story: Jesus is Tempted | Kids on the Move - <https://www.youtube.com/watch?v=LrZaOuSnm7g&t=150s>

FAST BREAK

1. Who lead Jesus into the wilderness?
(Prize: 2 candies)
2. Name 2 of the three temptations
Satan tried to get Jesus to fall for.
(Prize: 4 candies)
3. Why was Jesus in the wilderness?
(Prize: 2 candies)
4. How many days did the devil wait to tempt
Jesus?
(Prize: 1 candies)



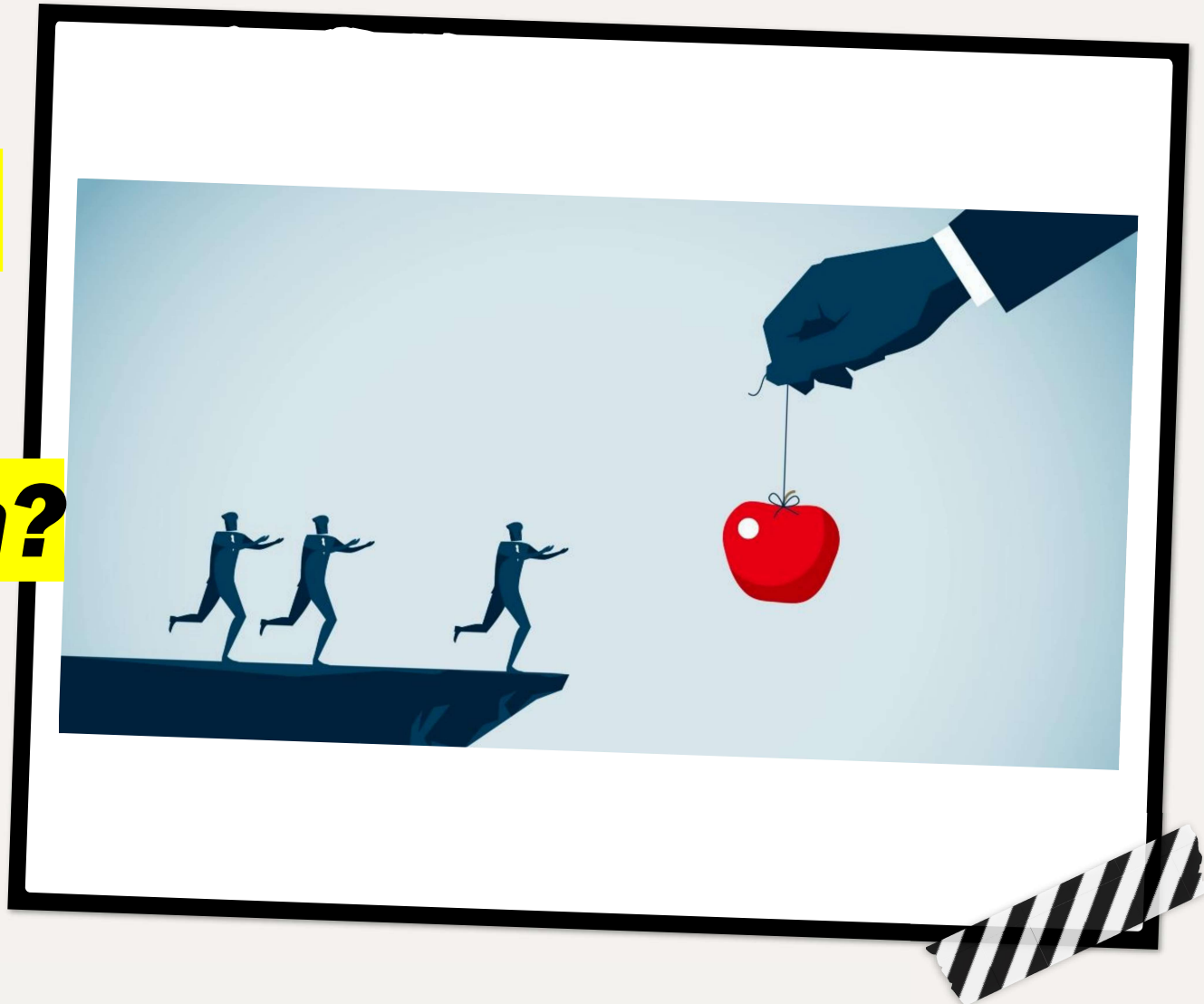


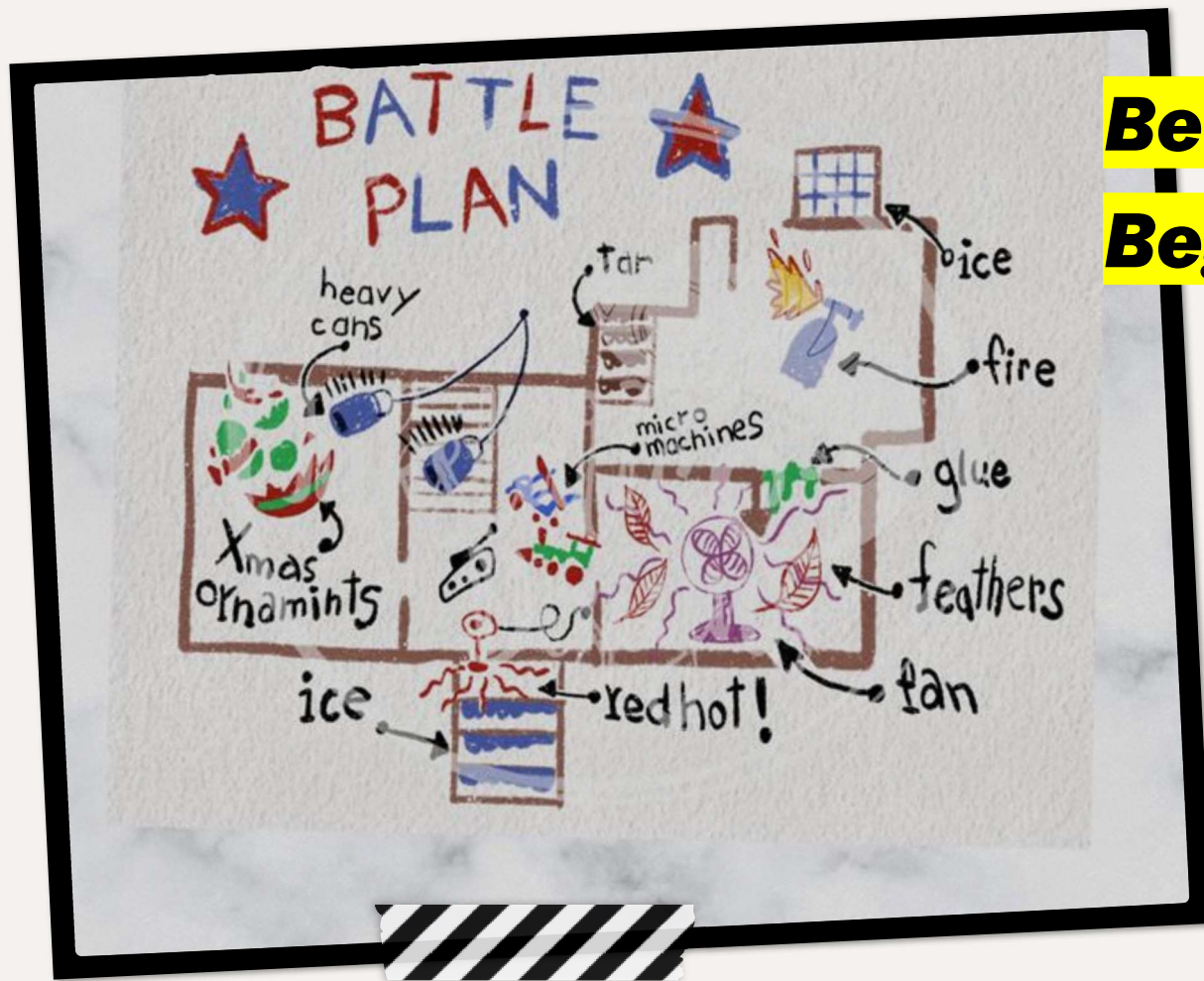
***The Battle Against
Temptation***



How do we Overcome Temptation?

(Open Discussion)





Before the Battle Begins, Get Prepared

Battle Plan Against Temptation:

- Counter Attack 1: Get to know the full truth (Read your Bible) and use discernment
- Counter Attack 2: Know God's promises (Read your Bible)
- Counter Attack 3: Check your desires
- Counter Attack 4: Don't let your guard down
 - o Proverbs 4:23 - Above all else, guard your heart, for everything you do flows from it.
- Counter Attack 5: Know your weaknesses



Know your weaknesses

When are we at risk of falling into temptation?

- **In a weakened state**
 - Physical , mental, emotional or spiritual weakness
- **In need of something**
 - When our actual needs are unmet our desire to satisfy them can lead us to temptation
- **We have a deep desire that we are waiting to be fulfilled**
 - When we are waiting for the thing we are longing for or believing in God for, we are more willing to accept the half truths of temptation
- **When we grow in our faith**
 - Our self-control grows but the temptation may also grows because we are no longer satisfying/acting out our sinful desires (Things that weren't temptations before are now temptations)



In the Middle of the Battle

- **Run don't Walk to God**

- Flee temptation (not just mentally but physically too)

Submit yourselves, then, to God. Resist the devil, and he will flee from you. - *James 4: 7-8*

- Do not walk try to walk the line of temptation
- Run to God with your temptation and give it to Him, he can handle it

Therefore, since we have a great high priest who has ascended into heaven, Jesus the Son of God, let us hold firmly to the faith we profess. ¹⁵For we do not have a high priest who is unable to empathize with our weaknesses, but we have one who has been tempted in every way, just as we are—yet he did not sin. ¹⁶Let us then approach God's throne of grace with confidence, so that we may receive mercy and find grace to help us in our time of need. - *Hebrew 4: 14 - 16*

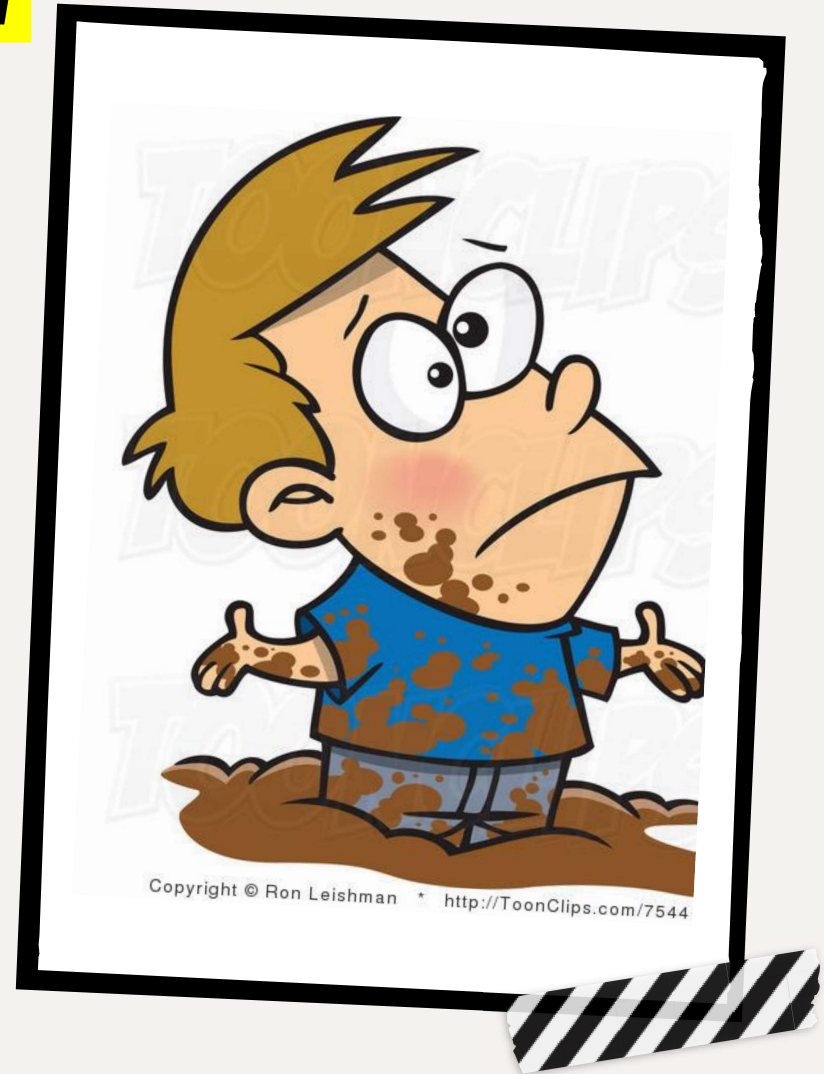
- Know you don't have to handle temptation on your own (accountability partners)



If you Lose a Battle and Fall into Temptation

- Remember God is ready to forgive and walk with you after you have fallen
- Repent (Turn away from sin), don't keep falling back into the same thing over and over
- Set boundaries for yourself
 - This is different for everyone, because we all have different desires
- Get to the root of it
 - Check your desires
 - Submit your desires and temptations to God

Remember the war has already been won, so you can overcome then next battle you face



Count your Casualties - Accountability in our Temptation

- After we fall into temptation, the half-truths are revealed
- Acting on temptation has consequences
 - God's forgiveness doesn't erase the present consequences of our actions
 - Physical, mental and emotional consequences
 - Long-term or short-term consequences



OVERTIME

1. How can we prepare to fight temptation?
(Prize: 2 candies)
2. What is one thing we should do in the middle of temptation?
(Prize: 2 candies)
3. When are we at risk for falling into temptation?
(Prize: 4 candies)
4. What is God's response when we fall into temptation?
(Prize: 1 candies)



TISSOT

Questions?

